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Tule's: A new yogurt culture

FRIDAY, MARCH 12, 2010— A new frozen yogurt parlor has opened in the Winco shopping center in Visalia. Look for it on the westernmost side of the complex near the corner of Caldwell and Chinowth streets.

Tule's is owned and operated by Edward and Korin (Shultz) Guarena. Korin was raised in Three Rivers, attended Three Rivers School and Exeter High School, then moved to Visalia in 2002, where she earned her nursing degree at College of the Sequoias.

Korin and Edward's shop reflects a new trend in the icy dessert, where pro-yo is replacing fro-yo. It's a whole new world for yogurt lovers.

Though frozen yogurt has always been considered nourishing and a significant source of calcium, the introduction of tart, natural-flavored frozen yogurt by the Pinkberry chain has been so widely copied that it has garnered a cult-like following in the Bay Area and Southern California.

This is the frozen yogurt that the Guerenas have introduced to Visalia. It's low-fat with calcium, protein, and the live, active cultures.

This pro-yo shop has a lot to offer: It's self-serve, so have a little or a lot. Choose from the natural, tangy flavors, which could be chocolate, peanut butter, plain tart, strawberry, pomegranate-raspberry tart, orange tart, blueberry, French vanilla, pistachio, lychee, mango, mint, and more.

Select from an array of toppings, including fresh tropical fruit, in-season fruit, nuts, carob chips, and even chocolate, cookies, and candy. Then weigh and pay by the ounce.

"My husband and I did some research, and we found that low-fat frozen yogurt has a lot of positives," said Korin. "So we took the chance on opening a business. I hope all my Three Rivers friends can come by soon."

Tule's is open till 8 p.m. on Sunday through Thursday and till 10 p.m. on Friday and Saturday.



ELENA (ABOVE) AND ISABEL GUERENA enjoy Tule's frozen yogurt, which is owned by their parents, Edward and Korin (Shultz) Guarena. —SUBMITTED PHOTOS

